

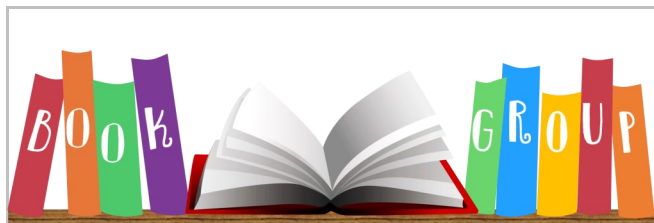
Programs for Adults, Teens, & Children

Issue 10 | September/October 2021



PROGRAMS FOR ADULTS

Adult programs are for those 18 and older (unless otherwise noted). Programs are open to residents and non-residents.
REGISTRATION IS REQUIRED WHERE INDICATED. PLEASE CHECK INDIVIDUAL PROGRAM FOR ATTENDANCE METHOD.
Register online at www.northhavenlibrary.net or call 203 239 5803.



THURSDAY MORNING BOOK DISCUSSION

2nd Thursday of the Month at 10:30 am

Thursday, September 9
BOOK OF THE LITTLE AXE
By Lauren Francis-Sharma

Thursday, October 14
SHUGGIE BAIN
By Douglas Stuart

BOOK CHAT

3rd Wednesday of the Month at 2:30 pm

*Come share what you are
reading in an informal group.*

September 15
October 20

MYSTERY BOOK GROUP

4th Thursday of the Month at 6:30 pm

Thursday, September 23
DARK OF THE MOON
By John Sandford

Thursday, October 28
EIGHT PERFECT MURDERS
By Peter Swanson

ROMANCE BOOK GROUP

Usually the last Wednesday of the Month at 6:30 pm

Wednesday, September 29
AFTER THE CLIMB
By Kristen Ashley

Wednesday, October 20
THE DEVIL'S ANGELS MC BOOK 2 - AXEL
By Lola Wright



DOCUMENTARY & BIOPICS

REMEMBERING SEPTEMBER 11TH - 20 YEAR ANNIVERSARY

Friday, September 10 at 10:30 am
9/11 - DOCUMENTARY
Rated: PG, Runtime: 112 min.

Saturday, September 11 at 2:00 pm
9/11 - DOCUMENTARY
Rated: PG, Runtime: 112 min.

Friday, September 24 at 10:30 am
MAIDEN
Rated: PG, Runtime: 97 min.

Friday, October 8 at 10:30 am
UNSTOPPABLE
Rated: All Ages, Run Time: 100 min.

Friday, October 22 at 10:30 am
EXHIBITION ON SCREEN - MUNCH 150
Rated: NR, Run Time: 90 min.

NEW & POPULAR MOVIES

Tuesday, September 21 at 6:00 pm
QUEEN BEES
Rated: PG-13 Run Time: 101 min.

Wednesday, September 22 at 10:30 am
QUEEN BEES
Rated: PG-13 Run Time: 101 min.

Monday, October 4 at 2:00 pm
NOMADLAND
Rated: R, Runtime: 108 min.

Tuesday, October 19 at 10:30 am
IN THE HEIGHTS
Rated: PG-13 Runtime: 2hr 23 min.

Thursday, October 28 at 2:00 pm
IN THE HEIGHTS
Rated: PG-13 Runtime: 2hr 23 min.



PROGRAMS FOR ADULTS

Adult programs are for those 18 and older (unless otherwise noted). Programs are open to residents and non-residents.
REGISTRATION IS REQUIRED WHERE INDICATED. PLEASE CHECK INDIVIDUAL PROGRAM FOR ATTENDANCE METHOD.
Register online at www.northhavenlibrary.net or call 203 239 5803.

LABOR DAY Monday, September 6 **CLOSED**

GUIDED MEDITATION Tuesday, September 7 11:00 am

Take time for yourself and let's meditate together! Johanne Vannelli, of Peacefulmind, LLC, will lead a guided meditation that will help you pause, relax, find focus, and be present in the moment. This is part of a six-week series. You must register for each session individually.

This program will be in-person. Online access via Zoom is also available. You must register for each individual session.



GERMAN CONVERSATION Tuesday, September 7 2:30 pm

Come practice your German speaking in an informal group.

This program will be in-person. Online access via Zoom is also available. Registration required.

WEDNESDAY WELLNESS SERIES **OVERCOMING BACK PAIN** Wednesday, September 8 12:00 pm

Join neurosurgeon, Dr. Gregory Kuzmik, from Hartford Healthcare to learn about overcoming back pain. Understand why it's important to recognize back pain early, when you should see a specialist, and what treatment options are available to you! Plus, a live Q&A with the doctor will follow the presentation.

Program offered online via Zoom. This program will also be screened in the Community Room for anyone wishing to attend in-person. Registration required.



LEAD LIKE A PRO Wednesday, September 8 6:30 pm

Athletic coaches are asked to take on so many leadership responsibilities for their team. However, they don't always have the opportunity to receive the necessary coach-related leadership education and training that would provide them with the knowledge and tools required to

effectively lead the team. This program is designed to provide coaches with foundational leadership knowledge and teach them techniques they can use to practice the best leadership style and behaviors that align with their personal values and beliefs.

This program will be in-person. Online access via Zoom is also available. Registration required.

THURSDAY MORNING BOOK DISCUSSION -

BOOK OF THE LITTLE AXE

By Lauren Francis-Sharma
Thursday, September 9
10:30 am



In 1796 Trinidad, young Rosa Rendón quietly rebels against the life others expect her to lead. Bright and opinionated, Rosa sees no reason she should learn to cook and keep house, for it is obvious her talents lie in running the farm she views as her birthright. But when her homeland changes from Spanish to British rule, it becomes increasingly unclear whether its free black property owners - Rosa's family among them - will be allowed to keep their assets, their land, and their freedom.

This program will be in-person. Online access via Zoom is also available. Registration required.

REMEMBERING SEPTEMBER 11th **9/11 - DOCUMENTARY** Friday, September 10 10:30 am

On the morning of September 11, 2001, brothers Jules and Gedeon Naudet were working on a documentary about a rookie New York City firefighter. Hearing a roar in the sky, Jules turned his camera upward - just in time to film the only existing image of the first plane crashing into the World Trade Center Tower 1. With cameras rolling, the Naudets follow NYC firefighters into the heart of what would be known as Ground Zero. A striking tribute to real-life heroes who rose to extraordinary acts of courage and compassion. Rated: PG, Runtime: 112 min.

This is an in-person movie screening. No registration.

ADDITIONAL SCREENING Saturday, September 11 2:00 pm

MEDICARE UNCOMPLICATED Monday, September 13 11:00 am

Learn to un-complicate Medicare with easy to understand and implement information. Topics for discussion include how Medicare works, the difference between original Medicare and Medicare Advantage, and understanding your options before the annual enrollment period. Presented by Jessalyn Pito, a licensed Insurance Broker focusing on Medicare Health Plan. Pito holds a National Social Security Advisor Certificate and services the entire state of Connecticut.

This program will be in-person. Online access via Zoom is also available. Registration required.

GUIDED MEDITATION Tuesday, September 14 11:00 am

Slow down, take a deep breath, and let's meditate together!

This program will be in-person. Online access via Zoom is also available. Registration required.

TAKE & CREATE CRAFT **SUNFLOWER COASTER**



**PICKUP: Tuesday
September 14 - Thursday, September 16**

Have some fun making this sunflower drink coaster at home! We supply the materials and directions, you supply the fun! For ages 14+.

Registration required and begins on Tuesday, September 7th.

BOOK CHAT Wednesday, September 15 2:30 pm

Come share what you are reading in an informal group.

This program will be in-person. Online access via Zoom is also available. Registration required.

MEDICARE UNCOMPLICATED Wednesday, September 15 6:30 pm

This is an additional session covering the same topics as 9/13. See above for program description.

KNITTING GROUP Thursday, September 16 1:00 pm

Bring your project and enjoy the company of others.

This is in-person, drop-in. No registration required.



PROGRAMS FOR ADULTS

Adult programs are for those 18 and older (unless otherwise noted). Programs are open to residents and non-residents.
REGISTRATION IS REQUIRED WHERE INDICATED. PLEASE CHECK INDIVIDUAL PROGRAM FOR ATTENDANCE METHOD.
Register online at www.northhavenlibrary.net or call 203 239 5803.

STUDENT LOANS: TIPS TO ACCESS & REPAY LOANS Thursday, September 16 6:30 pm

Learn how to access funds for college, the definitions of student loans, repayment options and how to pay the loans off.

Presented by Roy Patterson and Patrina Dixon of It's My Money. Roy Patterson was featured in CNBC Make It's *Millennial Money* series for paying off his student loan debt in just 4 years.

Patrina is a personal finance expert and best-selling author. Patrina has been featured in Black Enterprise, Yahoo Finance, Real Simple, and on Fox61.

Program offered online via Zoom.
Registration required.

PASSPORT FAIR Saturday, September 18 By appointment only



The library has teamed up with the USPS® again to offer a convenient and time saving opportunity to apply for or renew your passport. For a checklist of required documents, FAQs, & acceptable payment methods, please visit: travel.state.gov.

Registration required. Passports will be processed by appointment only. You will be contacted by the library staff to schedule your appointment once you have registered.



CUT THE CORD Saturday, September 18 2:00 pm

Back by popular demand! James Gifford, a writer and consultant in technology, consumer electronics and consumer issues, will teach you how to bring your cable/broadband costs and services under control and how to use internet streaming for free or lower-cost entertainment!

*Program offered online via Zoom. This program will also be screened in the Community Room for anyone wishing to attend in-person. Registration required. *Please note: You will not be able to enter the Community Room until 1:50 pm due to prior program.*

AMERICA'S MOST SCENIC DRIVES Monday, September 20 6:30 pm

Discover the lesser known gems of America's byways. You'll learn about stops along each drive, the best time to visit, what makes each area special, and more. These drives aren't just a road to something beautiful, they are jaw-dropping and will have you constantly looking for places to pull over so you can take photos. Presented by Lisa Philips of Bella Europa Travel.

Program offered online via Zoom.
This program will also be screened in the Community Room for anyone wishing to attend in-person.
Registration required.

GUIDED MEDITATION Tuesday, September 21 11:00 am

Slow down, take a deep breath, and let's meditate together!

This program will be in-person.
Online access via Zoom is also available. Registration required.

MUST-WATCH-MOVIE **QUEEN BEES**

Tuesday, September 21
6:00 pm

Helen is forced by her daughter to move into the Pine Grove Retirement Community after she locks herself out of her house while a fire rages in the kitchen. At first, Helen is reluctant to stay there, but eventually is invited into the social circle of the Queen Bees: a group of women (and a few men) who rule the social scene like the popular kids in high school. Eventually, Helen comes into her own as she builds new friendships and even finds romance with a fellow resident. Rated: PG-13 Runtime: 101 min.

This is an in-person movie screening.
No registration.

ADDITIONAL SCREENING Wednesday, September 22 10:30 am

This is an in-person movie screening.
No registration.



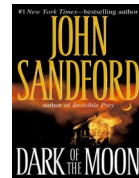
BEYOND DEATH, MEDICAL FACTS AND MEDITATION

Wednesday, September 22
6:30 pm

Join Dr. Matthew Raider, a physician specializing in geriatrics, to discover a simple, natural way to connect with the inner light talked about by those who've had a near death experience. Dr. Raider will demonstrate a simple meditation technique that can enable you to experience the peace and light that people who have had NDEs talk about. Dr. Raider has a strong interest in meditation and its relationship to health and disease prevention and treatment. He has lectured extensively on the subject, and recently spoke at the United Nations.

Program offered online via Zoom.
This program will also be screened in the Community Room for anyone wishing to attend in-person.
Registration required.

MYSTERY BOOK CLUB **DARK OF THE MOON** By John Sandford Thursday, September 23 6:30 pm



In the small town of Bluestem, where everybody knows everybody, a house way up on a ridge explodes into flames, its owner Judd trapped inside. There is a lot of reason to hate him. Years ago, Judd had perpetrated a scam that'd driven a lot of local farmers out of business, even to suicide. There are rumors swirling around of dicey activities with other men's wives, and of an out-of-wedlock daughter. In fact, you'd probably have to dig around to find a person who didn't despise him.

This program will be in-person.
Online access via Zoom is also available. Registration required.

FRIDAY MORNING MOVIE **MAIDEN**

Friday, September 24
10:30 am

Tracy Edwards is a young woman working as a cook on charter boats. Although underappreciated and overworked, the young woman dreamed of commanding her own vessel. Through hard work, she became a skipper of her own boat and also staffed an entirely female crew. Shortly after coming together, they entered the 1989 Whitbread Round World Race. Rated: PG, Runtime: 97 min.

This is an in-person movie screening.
No registration.



PROGRAMS FOR ADULTS

Adult programs are for those 18 and older (unless otherwise noted). Programs are open to residents and non-residents.
REGISTRATION IS REQUIRED WHERE INDICATED. PLEASE CHECK INDIVIDUAL PROGRAM FOR ATTENDANCE METHOD.
Register online at www.northhavenlibrary.net or call 203 239 5803.

VERTIGO THERAPY Monday, September 27 10:00 am



Feeling dizzy? Learn about what causes vertigo and how a specially trained Physical Therapist from Easter Seals in vertigo can help alleviate symptoms. Presented by Masonicare Community Services & Easter Seals.

*Program offered online via Zoom.
Registration required through the library with Zoom hosted by Masonicare.*

ARTS & CRAFTS FOR ADULTS LEATHER WRAP BRACELET

Monday,
September 27
6:30 pm



Join us for a class lead by Melanie Falick via Creativebug. You will learn the mechanics of stringing the bracelet, how to add more thread, and how to make the bracelet long enough to wrap around your wrist. Supplies provided to make one bracelet.

*This program will be in-person.
Registration required.*

GUIDED MEDITATION Tuesday, September 28 11:00 am

Slow down, take a deep breath, and let's meditate together!

*This program will be in-person.
Online access via Zoom is also available. Registration required.*

THE ROARING 20'S Tuesday, September 28 6:30 pm



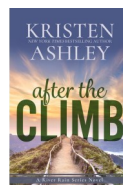
The decade that brought us jazz, flappers, and the crossword puzzle also brought us gangsters, prohibition, presidential scandals and tragedy. Many Americans do not know how our modern society was affected by the great changes to America in the Roaring 20's, so join Jason Scappaticci, the Bowtie Historian, to find out!

*This program will be in-person.
Online access via Zoom is also available. Registration required.*

ROMANCE BOOK CLUB

AFTER THE CLIMB

By Kristen Ashley
Wednesday,
September 29
6:30 pm



Join us for a romance book discussion facilitated by local resident and romance book blogger Victoria Hine. They were the Three Amigos, two young boys with difficult lives at home banding together with a cool girl. They grew up to be an activist, an award-winning actress, and a ruthless tech billionaire. Rich and very famous, they would learn how the selfish acts of one would affect all their lives and the lives of those they loved.

*This program will be in-person.
Weather permitting, this group will meet in the library's Reading Garden.
Registration required.*

MORE THAN THE AMISTAD

Thursday, September 30
6:30 pm

The Connecticut Historical Society will take you on a tour of items from their collection representing a spectrum of the Black experience in Connecticut. You'll see artifacts documenting the Civil Rights movement, and learn about a Harlem Renaissance writer, Ann Petry, and Augustus Washington, who built a new nation in Africa. Browse through the photo album of a Hollywood actress who became a champion of labor rights for black entertainers and marvel at the gorgeous costumes created by Connecticut's West Indian community for their annual MAS celebration.

*This program will be in-person.
Online access via Zoom is also available. Registration required.*

MUST-WATCH-MOVIE

NOMADLAND

Monday, October 4
2:00 pm

A woman in her sixties who, after losing everything in the Great Recession, embarks on a journey through the American West, living as a van-dwelling modern-day nomad. A 2020 American drama film based on the 2017 nonfiction book *Nomadland: Surviving America in the Twenty-First Century* by Jessica Bruder. Rated: R, Runtime: 108 min.

*This is an in-person movie screening.
No registration.*

GUIDED MEDITATION

Tuesday, October 5

11:00 am

Slow down, take a deep breath, and let's meditate together!

*This program will be in-person.
Online access via Zoom is also available. Registration required.*

TAKE & CREATE CRAFT

SANDERSON SISTERS TEATOWEL

PICKUP: Tuesday October 5 -
Thursday, October 7

Get spooky making this Hocus Pocus-themed tea towel at home! We supply the materials and directions, you supply the fun! For ages 14+. Supplies limited.

Registration required and begins on Tuesday, September 28th.



GERMAN CONVERSATION

Tuesday, October 5
2:30 pm

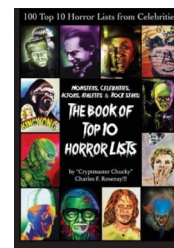
Come practice your German speaking in an informal group.

*This program will be in-person. Online access via Zoom is also available.
Registration required.*

THE BOOK OF TOP TEN HORROR LISTS

Wednesday, October 6
6:30 PM

Meet local entertainer, Charles F. Rosenay, whose book gathers 100 celebrities who give their Top 10 favorite horror films and themes. You won't believe the actors, directors, musicians, horror figures, scream queens, disco divas, athletes, and other notables who are horror buffs! Will your favorite horror films show up on any of their lists? Everyone who attends will get a free Halloween treat! Presented by Charles F. Rosenay, a well-known Beatles & Horror fan, who produced conventions & festivals in North Haven and all over the world for over four decades. He organizes and hosts the Dracula Tours to Transylvania and created the Fright Haven Haunted Attraction, but he's most proud of his monster movie roles and publishing his first book, *The Book of Top Ten Horror Lists*.



KNITTING GROUP Thursday, October 7 1:00 pm

Bring your project and enjoy the company of others.

*This is in-person, drop-in.
No registration required.*



PROGRAMS FOR ADULTS

Adult programs are for those 18 and older (unless otherwise noted). Programs are open to residents and non-residents.
REGISTRATION IS REQUIRED WHERE INDICATED. PLEASE CHECK INDIVIDUAL PROGRAM FOR ATTENDANCE METHOD.
Register online at www.northhavenlibrary.net or call 203 239 5803.

SPECIAL NEEDS & DISABILITIES: HELPING A LOVED ONE (OR YOURSELF) LIVE THE BEST LIFE Thursday, October 7 6:30 pm

Living with special needs or a disability is challenging for both individuals and care givers. There are lots of public benefits available, but these resources can be confusing and hard to find. Learn from a special needs planning attorney who knows how to protect the more complex rights and interests of those with disabilities and special needs. You'll learn about housing options, employment, and public benefits, as well as valuable planning tools like ABLE accounts and special needs trusts that can help you preserve money and not jeopardize eligibility for public benefits. Presented by Attorney Erin Dupues of Czepiga, Daly Pope & Perri. *This program will be in-person. Online access via Zoom is also available. Registration required.*

FRIDAY MORNING MOVIE UNSTOPPABLE Friday, October 8 10:30 am

Unstoppable follows the incredible journey of a resilient athlete who rises to the top of her game and against all odds, becomes one of the leading professional surfers in the world. From chasing her toddler to chasing the biggest waves, Bethany rewrites the rules by living an *Unstoppable* life, and brings new meaning to the phrase "surfs like a girl." Rated: All Ages, Runtime: 100 min. *This is an in-person movie screening. No registration.*



COLUMBUS DAY Monday, October 11 **CLOSED**

ADULT ARTS & CRAFTS FLORAL PAINTED PUMPKIN

Tuesday October 12
6:00 pm

Learn to paint a pretty floral design onto any small to medium sized pumpkin! Painting pumpkins allows them to last all autumn long and brighten up your home. We will have a variety of paint colors for you to choose from for this activity.

This program will be in-person. Paints, brushes, and instructions will be provided, but you must bring your own pumpkin to paint. You may bring either a real or faux pumpkin, ideally 6-8 inches. Registration required.



WEDNESDAY WELLNESS SERIES UNDERSTANDING ACID REFLUX & GERD Wednesday, October 13 12:00 pm

Join Hartford HealthCare's Kenneth M. Schwartz, MD, to learn about acid reflux. This program will include details about treatment options, possible side effects of some anti-acid medicines, and who is a candidate for minimally invasive surgery to manage acid reflux, which may allow patients to discontinue medications. Plus, a live Q&A with the surgeon will follow the presentation. Dr. Kenneth M. Schwartz MD, FACS, is American Board of Surgery certified and focuses on laparoscopic surgery at Midstate Medical Center.

Program offered online via Zoom. This program will also be screened in the Community Room for anyone wishing to attend in-person. Registration required.

MYTHS AND MISCONCEPTIONS OF MEDICARE AND MEDICAID Thursday October 14 10:00 am

Join Elder Law Attorney Joan Reed Wilson for a discussion about Medicaid and Medicare. She'll discuss the most common misconceptions and myths about what each program covers (and what they do not), and will provide you with the correct information regarding qualifying for benefits, so you can make informed choices for yourself and your loved ones. Joan Reed Wilson, is a Managing Partner at RWC, LLC, Attorneys and Counselors at Law. Presented by Masonicare Community Services.

Program offered online via Zoom. Registration required through the library with Zoom hosted by Masonicare.



THURSDAY MORNING BOOK CLUB SHUGGIE BAIN By Douglas Stuart Thursday, October 14 10:30 am



Shuggie's mother Agnes walks a wayward path: she is Shuggie's guiding light but a burden for him and his siblings. Married to a philandering husband, Agnes keeps her pride by looking good. But under the surface, Agnes finds increasing solace in drink, and drains away each week's benefits. Agnes's older children keep a safe distance from their mother, leaving Shuggie to care for her as she swings between alcoholic binges and sobriety. Shuggie is meanwhile struggling to somehow become the normal boy he desperately longs to be, but everyone has realized that he is "no right," a boy with a secret that all but him can see. Agnes is supportive of her son, but her addiction has the power to eclipse everyone close to her.

This program will be in-person. Online access via Zoom is also available. Registration required.

DEBUNKING DIET TRENDS Thursday, October 14 6:30 pm

Do you know that the new diet trend is no diet at all? Find out the good and not so good things about following trendy diets. Then learn how to be healthy and happy by using mindfulness and portion control and not an actual "diet" after all. Presented by Marisa McCoy, a Registered Dietitian from ShopRite in Wallingford. Samples will be included!

This program will be in-person. Registration required.

GUIDED MEDITATION Monday, October 18 2:00 pm

Does your day have you stressed out? Then stop, slow down, take a deep breath, and let's meditate together! Johanne Vannelli, of Peacefulmind, LLC, will lead a guided meditation that will help you pause, relax, find focus, and be present in the moment.

Program offered online via Zoom. This program will also be screened in the Community Room for anyone wishing to attend in-person. This is the first session in a six-week series. You must register for each individual session.



PROGRAMS FOR ADULTS

Adult programs are for those 18 and older (unless otherwise noted). Programs are open to residents and non-residents.
REGISTRATION IS REQUIRED WHERE INDICATED. PLEASE CHECK INDIVIDUAL PROGRAM FOR ATTENDANCE METHOD.
Register online at www.northhavenlibrary.net or call 203 239 5803.

ADULT ARTS & CRAFTS

BOOK PAGE PUMPKIN

Monday October 18

6:30 pm



Instead of buying a pumpkin this Halloween, why not make a wonderful recycled book pumpkin decoration instead? With an old book and a few basic craft supplies, you will make a 3D pumpkin to highlight your fall décor.

This program will be in-person. Registration required.

MUST-WATCH-MOVIE

IN THE HEIGHTS

Tuesday,
October 19
10:30 am



In the Heights centers on a variety of characters living in the neighborhood of Washington Heights, on the northern tip of Manhattan. At the center is Usnavi, a bodega owner who looks after the aging Cuban lady next door, pines for the gorgeous girl working in the neighboring beauty salon and dreams of winning the lottery and escaping to the shores of his native Dominican Republic. Meanwhile, Nina, a childhood friend of Usnavi's, returned to the neighborhood after her first year at college with surprising news for her parents, who have spent their life savings on building a better life for their daughter. Ultimately, Usnavi and the residents of the close-knit neighborhood get a dose of what it means to be home. Rated: PG-13, Runtime: 2hr 23 min.

This is an in-person movie screening. No registration.

ADDITIONAL SCREENING

Thursday, October 28
2:00 pm

BOOK CHAT

Wednesday, October 20
2:30 pm

Come share what you are reading in an informal group.

This program will be in-person. Online access via Zoom is also available. Registration required.

ROMANCE BOOK CLUB

THE DEVIL'S ANGELS MC BOOK 2 - AXEL

By Lola Wright

Wednesday, October 20
6:30 pm



Join us for a romance book discussion facilitated by local resident and romance book blogger Victoria Hine.

Bailey: I'm the sensible, quiet accountant girl next door. My life is safe, sane, predictable and boring. Until it's not. The day I see something I shouldn't have is the day my life changes forever. That's the day I looked into the bluest eyes I have ever seen and knew nothing would ever be the same.

Axel: My life is perfect. I'm the Vice President of my club, The Devil's Angels MC. I manage the club's gym, own my own home and have women around that are always up for a night of fun. Family is everything in my world and I have a great one. What more could a guy want or need? That question is answered when a tiny, little woman slams her way into my life. I never saw her coming, but I'm not letting her leave.

This program will be in-person. Registration required.

KNITTING GROUP

Thursday, October 21
1:00 pm



Bring your project and enjoy the company of others.

This is in-person, drop-in. No registration required.

SOCIAL SECURITY BENEFIT OPTIONS

Thursday, October 21
6:00 PM

Join Jack Peregrin of American Financial Education Alliance to learn about your Social Security Benefits. This educational workshop will provide you with much needed information to help you understand the system, coordinate spousal and survivor benefits, minimize taxes, and maximize your personal benefit. Jack has over 4 decades of extensive and successful business experience. Some of his accomplishments were: managing large business operations within global corporations and

founding and managing his own international business.

This program will be in-person. Online access via Zoom is also available. Registration required.

FRIDAY MORNING MOVIE

EXHIBITION ON SCREEN - MUNCH 150

Friday, October 22
10:30 am

Edvard Munch

(1863-1944), is hailed as the painter of 'The Scream', but his complete works are equally remarkable and secure his place as a towering figure in modern art. 'Munch 150' is a unique exhibition co-hosted by Oslo's National Museum and Munch Museum, which you can now enjoy from the comfort of your armchair. Tim Marlow hosts this special event film, presenting in detail Munch's key works and inviting expert analysis by special guests. Exclusive access behind-the-scenes of the planning and production of the show and in-depth biography of the artist give this stunning film added value. Bonus extras include additional scenes, interviews with special guests and the director. Rated: NR, Run Time: 90 min.

This is an in-person movie screening. No registration.

GUIDED MEDITATION

Monday, October 25
2:00 pm

Slow down, take a deep breath, and let's meditate together!

Program offered online via Zoom. This program will also be screened in the Community Room for anyone wishing to attend in-person. You must register for each individual session.



PROGRAMS FOR ADULTS

Adult programs are for those 18 and older (unless otherwise noted). Programs are open to residents and non-residents.
REGISTRATION IS REQUIRED WHERE INDICATED. PLEASE CHECK INDIVIDUAL PROGRAM FOR ATTENDANCE METHOD.
Register online at www.northhavenlibrary.net or call 203 239 5803.



WHEN OBJECTS TALK BACK Monday, October 25 6:30 pm

Join *The Paranormal Couple*, Cody Ray DesBiens & Satori Hawkes from Travel Channel's *Ghost Nation*, as they dive deep into the phenomena of Haunted Objects. Explore the creepy yet intriguing origins of haunted artifacts from their collection, some of which they've recovered from their own paranormal investigations.

Program offered online via Zoom. This program will also be screened in the Community Room for anyone wishing to attend in-person. Registration required.

TAKE & CREATE CRAFT **CHOCOLATE BATS**

**PICKUP: Tuesday October 26-
Thursday, October 28**

Have some fun making a delicious Halloween treat at home! We supply the materials and directions, you supply the fun! For ages 14+. Supplies limited.

Registration required and begins on Tuesday, October 19th.

HARRY HOUDINI Tuesday, October 26 6:30 pm

Harry Houdini is without a doubt one of the most fascinating figures of the early 20th century. He was a star of the stage and screen, and one of the most entertaining performers in the world, yet most people are not as familiar with his private life and the stories behind his astonishing magic. Whether he was debunking spiritualists, battling from inside of a sea monster, or attempting to make it as an aviator, his story is anything but dull. Presented by Mallory Howard, the Assistant Curator at the Mark Twain House and Museum in Hartford, Connecticut.

This program will be in-person. Online access via Zoom is also available. Registration required.



U.S. Small Business
Administration



FOR THE LIFE OF YOUR BUSINESS

SCORE & SBA **BASICS OF BUSINESS STARTUP** Wednesday, October 27 5:30 PM

Joe Criscuolo, from SCORE, and Frank Alvarado, from SBA, present a three-part series on getting your business to grow and succeed! Joseph Criscuolo is the Chair of New Haven Score who worked for 35 years at the state tax department. Frank Alvarado is the SBA Senior Area Manager for the CT SBA Office and serves as the Veterans Affairs Officer for SBA CT Office.

WEEK ONE: GET READY

- October 27, 5:30 pm*
- Learn the basics of business startup

WEEK TWO: GET SET

- November 3, 5:30 pm*
- Learn the essentials of becoming credit-ready

WEEK THREE: GO!

- November 10, 5:30 pm*
- How & where to find additional small business support and educational resources

*This program will be in-person. Online access via Zoom is also available. Registration required. *You must register for each individual session.*

MYSTERY BOOK CLUB **EIGHT PERFECT MURDERS**

By Peter Swanson
Thursday, October 28
6:30 PM

Years ago, bookseller and mystery aficionado Malcolm Kershaw compiled a list of the genre's most unsolvable murders which he titled "Eight Perfect Murders". But no one is more surprised than Mal when an FBI agent comes knocking on his door looking for information about a series of unsolved murders that look eerily similar to the killings on Mal's old list. The FBI agent isn't the only one interested in this bookseller. There is a killer out there, watching his every move—a diabolical threat who knows way too much about Mal's personal history, especially the secrets he's never told anyone including his recently deceased wife.



To protect himself, Mal begins looking into possible suspects...and sees a killer in everyone around him. But Mal doesn't count on the investigation leaving a trail of death in its wake. Suddenly, a series of shocking twists leaves more victims dead—and the noose around Mal's neck grows so tight he might never escape.

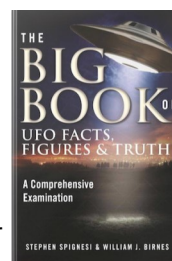
This program will be in-person. Online access via Zoom is also available. Registration required.

THE UFO EXPERIENCE Saturday, October 30 2:00 pm

Stephen Spignesi will present an overview of the UFO phenomenon with photos, discussion, and time for Q&A. In addition to a fascinating slideshow, Stephen will cover different types of close encounters, unexplained UFO sightings by astronauts, Project Blue Book sightings by pilots, Jimmy Carter's UFO sighting, crop circles, hidden government UFO secrets ...and much more!

Stephen Spignesi is a writer and author of more than 60 books. He is also a retired Practitioner-in-Residence from the University of New Haven where he taught composition and literature for ten years, included courses based on his books. He writes extensively about popular culture and historical topics.

This program will be in-person only. Registration required.



**More to come!
Keep an eye out for the
November-December issue of
*At the Library.***



PROGRAMS FOR CHILDREN & TEENS

ALL CHILDREN'S PROGRAMS THIS SESSION WILL BE HELD VIA ZOOM (with the exception of Take & Make Craft Packs). A unique zoom program link will be sent via email after registration. Craft Pack pickup is located in the library's vestibule.
 *NOTE: Craft Packs unclaimed after 24 hours will be given to the next child on the waitlist.
 Register online at www.northhavenlibrary.net or call 203 239 5803.

LABOR DAY Monday, September 6 CLOSED

TUTU TUESDAY Tuesday, September 21 10:30 am Ages 6mos - 3yrs

Time for too-too much fun! If you and your child have a tutu or bow tie, wear it while enjoying music, dancing, and a story. We will be using shakers during this program. Please get something from your home that you can shake - it can be a box of dried pasta or a plastic container with a little dried rice or beans. Anything that makes noise and is safe for your little one to shake works!

Program offered online via Zoom.
Registration required.

TAKE & MAKE CRAFT PACK BACK TO SCHOOL PHOTO FRAME Pick up date: Tuesday, September 21 Pickup time: 10:00 am - 8:00 pm All Ages (May require adult help)

It's back to school time! Showcase your first day of school photos by making a commemorative picture frame. All materials and instructions included.

Registration required and begins one week prior to pickup date.

TAKE & MAKE CRAFT PACK APPLE STRESS BALL Pickup date: Thursday, September 23 Pickup time: 10:00 am - 8:00 pm All Ages (May require adult help)

Do you love stress balls? With this Craft Pack you can make your very own fall-themed stress ball! All materials and instructions are included.

Registration required and begins one week prior to pickup date.

READING ROCKS Friday, September 24 10:30 am Ages 6mos - 5yrs

Let's read some books and rock out to some music! Join Mr. Joe for a playful session of stories, music, movement, and songs. Be sure to keep an eye out for Noodle Man to make a special appearance.

Program offered online via Zoom.
Registration required.

TWEEN CRAFT NIGHT MOONCATCHER

Monday, September 27
6:00 pm
Ages 10 - 14

No crafting experience is necessary to join our Tween Craft Night! Wait until you see what you can accomplish with a wire hoop, some yarn, and your imagination! Miss Lindsey will teach you, step by step, to make a whimsical dreamcatcher.

Program offered online via Zoom.
Registration required and begins one week prior to pickup date. Supplies will be provided and must be picked up prior to the program to fully participate.

TAKE & MAKE CRAFT PACK APPLE PIE PLAY DOUGH

Pickup date: Tuesday, September 28
Pickup time: 10:00 am - 8:00 pm
All Ages (May require adult help)
Do you love the smell of apple pie? Do you love play dough? You're in luck because now you can make an apple-pie-scented play dough! All materials and instructions needed to make a delicious smelling, moldable fun dough are included. *Remember: Your play dough might smell great, but this is a treat that you cannot eat!

Registration required and begins one week prior to pickup date.

PAJAMA STORYTIME AND STUFFED ANIMAL SLEEPOVER

Stuffed Animal Drop Off:
Tuesday, September 28
Any time from 10:00 am - 8:00 pm

Storytime:
Wednesday, September 29
6:30 pm

Stuffed Animal Pick Up:
Thursday, September 30
Any time from 11:00 am - 8:00 pm
Ages 4-11

Drop off one of your favorite stuffed animals to the library to see what kind of crazy shenanigans they might get up to overnight! Then, put on your favorite pjs and join us for a special Zoom Pajama Storytime. We will enjoy stories, rhymes and songs together! Then, help us tuck in your stuffed animal at the library so it can have a sleepover with all of its new friends. When you pick up your stuffed animal the next day, you can see what they got into overnight.

Program offered online via Zoom.
Registration required.



TAKE & MAKE CRAFT PACK SCARECROW CRAFT

Pick up date: Thursday, September 30
Pick up time: 10:00 am - 8:00 pm
All Ages (May require adult help)
Scare up some fall fun with this adorable scarecrow craft. It might just inspire you to enter the North Haven Garden Club's 2021 Scarecrow Contest!

Registration required and begins one week prior to pickup date.



NORTH HAVEN GARDEN CLUB'S 2021 SCARECROW CONTEST

Application Deadline:
September 30
Contest Dates: October 9 - 30
The Scarecrows are coming to town to celebrate autumn! You can be part of the fun, show off your creativity, and maybe even win a prize from the North Haven Garden Club!!

For more information & requirements, please visit: facebook.com/nhgardencub

TAKE & MAKE CRAFT PACK SPOOKY SPIDER HANDPRINTS

Pick up date: Tuesday, October 5
Pick up time: 10:00 am - 8:00 pm
Ages 0-5 (With adult help)

Not only is this Halloween craft fun for the kids and parents alike, but it will also make an adorable keepsake or gift. All materials and instructions included.

Registration required and begins one week prior to pickup date.



READING ROCKS Wednesday, October 6 10:30 am Ages 6mos - 5yrs

Let's read some books and rock out to some music! Join Mr. Joe for a playful session of stories, music, movement, and songs. Be sure to keep an eye out for Noodle Man to make a special appearance.

Program offered online via Zoom.
Registration required.

ONLINE STORYTIME Thursday, October 7 10:30 am Ages 3-6yrs

Join us for a good old-fashioned story time, now online, followed by a fun guided craft. Get your singing voices ready because there might even be sing-a-long.

Program offered online via Zoom.
Registration required and begins one week prior to pickup date. Supplies will be provided and must be picked up prior to the program to fully participate.



PROGRAMS FOR CHILDREN & TEENS

ALL CHILDREN'S PROGRAMS THIS SESSION WILL BE HELD VIA ZOOM (with the exception of Take & Make Craft Packs). A unique zoom program link will be sent via email after registration. Craft Pack pickup is located in the library's vestibule.
 *NOTE: Craft Packs unclaimed after 24 hours will be given to the next child on the waitlist.
 Register online at www.northhavenlibrary.net or call 203 239 5803.

TAKE & MAKE CRAFT PACK

SPOOKY SPIDER WEB

Pick up date: Thursday, October 7
 Pick up time: 10:00 am - 8:00 pm
 Ages 6 - 11

Do you love creepy-crawly spiders and getting stuck in spider webs? If so, this craft is for you! All materials and instructions needed to make a SPOOKY spider web are included.

Registration required and begins one week prior to pickup date.



COLUMBUS DAY

Monday, October 11

CLOSED



TAKE & MAKE CRAFT PACK

AUTUMN HANDPRINT WREATH

Pick up date: Tuesday, October 12
 Pick up time: 10:00 am - 8:00 pm
 Ages 0-5 (With adult help)

Help your little ones create a darling keepsake with this autumn handprint wreath. All materials and instructions needed to make a one-of-a-kind handprint wreath are included.

Registration required and begins one week prior to pickup date.

I LOVE NARWHALS!

Wednesday, October 13

6:00 pm

Ages 6 - 11



Whether you already love Narwhals or you love Narwhals but just don't know it yet, this program is for you! We will learn some amazing Narwhal facts while making an adorable Narwhal craft.

Program offered online via Zoom.
 Registration required and begins one week prior to pickup date.
 Supplies will be provided and must be picked up prior to the program to fully participate.

TAKE & MAKE CRAFT PACK

BEADED PUMPKIN

Pick up date: Thursday, October 14
 Pick up time: 10:00 am - 8:00 pm
 Ages 6 - 11

Crafters will enjoy stringing pony beads onto pipe cleaners to make this 3-D beaded pumpkin project. They are the perfect way to celebrate the fall season or Halloween! All materials and instructions are included.

Registration required and begins one week prior to pickup date.



ZOOM RECESS

MONSTER CLIPS

Friday, October 15
 3:45 pm

Ages 6 - 11 yrs

Join Mr. Joe for a fun filled afternoon of Zoom Recess. This program encourages kids to get up, move, and be silly. We will play hilarious games, clown around with props and laugh a LOT! In this 'Special Edition' of Zoom Recess, we will also be making a craft together where you will create your very own monster clip!

Program offered online via Zoom.
 Registration required and begins one week prior to pickup date. Supplies will be provided and must be picked up prior to the program to fully participate.

TODDLER TIME

Monday, October 18
 10:30 am

Ages 2 - 3yrs

Come learn AND have fun! Parent/ Caregivers and their toddlers will interact with books, learn fingerplays, and sing. We will be using shakers during this program, so please bring something from your home that you can shake - it can be a box of dried pasta, a plastic container with a little dried rice or beans. Anything that makes some noise and is safe for your little one to shake will work!

Program offered online via Zoom.
 Registration required.



TAKE & MAKE CRAFT PACK

GHOST POMPOM POPPER

Pick up date: Tuesday, October 19
 Pick up time: 10:00 am - 8:00 pm
 All Ages (May require adult help)

You'll have a literal blast with these homemade popper ghosts! You'll create your ghost, then add the special feature to give your ghost the ability to POP! All materials and instructions included.

Registration required and begins one week prior to pickup date.



TAKE & MAKE CRAFT PACK

HANGING BAT CRAFT

Pick up date: Thursday, October 21
 Pick up time: 10:00 am - 8:00 pm
 All Ages (May require adult help)

As you get ready for Halloween, here's another spooky yet sweet craft to help haunt your home! All materials and instructions included.

Registration required and begins one week prior to pickup date.

READING ROCKS

Friday, October 22
 10:30 am

Ages 6mos - 5yrs

Let's read some books and rock to some music! Join Mr. Joe for a playful session of stories, music, movement, and songs. Be sure to keep an eye out for Noodle Man to make a special appearance.

Program offered online via Zoom.
 Registration required.



TWEEN PAINT NIGHT

Monday, October 25
 6:00 pm

Ages 10 - 14

No painting experience is necessary to join! Using a blank canvas, paint, and your imagination, Miss Lindsey will teach you step by step to paint an adorable black cat in a night sky. Paint and supplies will be provided. *NOTE: Acrylic paint will stain, so please dress in old clothes.

Program offered online via Zoom.

Registration required and begins one week prior to pickup date. Supplies will be provided and must be picked up prior to the program to fully participate.



TAKE & MAKE CRAFT PACK

BUILD YOUR OWN MONSTER

Pick up date: Tuesday, October 26
 Pick up time: 10:00 am - 8:00 pm
 All Ages (May require adult help)

Step into the shoes of Dr. Frankenstein and create your very own monster! A variety of materials for unique monster building included. No special instructions, just have fun!

Registration required and begins one week prior to pickup date.



READING ROCKS

HALLOWEEN SPECIAL

Wednesday, October 27
 10:30 am

Ages 6mos - 5yrs

Wear a costume and join us to read some spooky books and rock to some Halloween music! Join Mr. Joe for a playful mini session of stories, music, movement, and songs.

Program offered online via Zoom.
 Registration required.



TAKE & MAKE CRAFT PACK

MONSTER SLIME!

Pick up date: Thursday, October 28
 Pick up time: 10:00 am - 8:00 pm
 All Ages 6-11

Get ready to make your very own batch of ooey-goey monster slime! All materials and instructions included.

Registration required and begins one week prior to pickup date.

