

# Caregiver Support Groups in South Central Connecticut

## General Support

### **Branford**

Orchard House

<http://www.theorchardhouse.org>

421 Shore Drive

[info@theorchardhouse.org](mailto:info@theorchardhouse.org)

203.481.7110

Call for schedule.

### **Guilford**

Nathanael B. Greene Community Center

32 Church Street

Susan Shultz & Stephanie Evans-Ariker

[caregiver.group@yahoo.com](mailto:caregiver.group@yahoo.com) 904-635-9651

Meets the 4th Tuesday of the month from 6 :00 – 7:30 pm

### **Hamden**

Spring Glen Church, The Great Hall

1825 Whitney Ave

John Proto,

203.654.9189

Inclusive of LGBT individuals 3rd Wednesday of the Month at 7:00pm

Participants must pre-register before attending

### **Hamden**

VNA Community Healthcare at

Miller Senior Center

2901 Dixwell Ave

1.866.474.5230

Meets the last Tuesday of the month at 10:00-11:30am.

### **Madison**

VNA Community Healthcare at

Madison Senior Center

29 Bradley Street

1.866.474.5230

Meets the 3rd. Tuesday of the month at 11:00am-12:00pm

## Caregiver Support Groups in South Central Connecticut

### **Madison**

Strong House Adult Day Care

[www.stronghouse.org](http://www.stronghouse.org)

546 Durham Road

203.245.0524

Meets the 2nd Tuesday of the month @ 12:30 -1:30 pm.

### **New Haven**

Mary Wade Home

[www.marywade.org](http://www.marywade.org)

118 Clinton Ave

Gail Donahue

203.562.7222 x131

[gdonahue@marywade.org](mailto:gdonahue@marywade.org)

Mary Wade has several support groups to help caregivers and families.

### **New Haven**

Bella Vista

339 Eastern St, Bldg B. Room 313

1.866.474.5230

Last Thursday of the month at 10:30am.

### **North Branford**

Evergreen Woods

88 Notch Hill Rd.

1.866.474.5230

Drop-in Caregiver Walk & Talk Group

Thursdays (rain or shine), Meet at main entrance at 1:00 pm.

### **North Haven**

VNA Community Healthcare Resource Center

2 Broadway

1.866.474.5230

1st Monday of the month 10:30am-noon

### **Old Saybrook**

Estuary Council of Seniors - facilitated by Chesterfields Healthcare

<http://www.ecsenior.org/newsletter/>

220 Main Street

facilitator: Ann Dipierdomenico

860.388.1611 x204

Meets the first Wednesday of the month at 1pm. Call for more information.

## Caregiver Support Groups in South Central Connecticut

### Wallingford

Masonicare at Ashlar Village  
7200 Pond Ridge  
Audrey Grove  
Call for more information.

203.679.6907

### Southern Connecticut Well Spouse Association Support Group

[www.wellspouse.org](http://www.wellspouse.org)  
Larry Bocchiere

203.748.8886

### Online @ [ww.caring.com/support-groups](http://ww.caring.com/support-groups)

Online support groups for caregivers, wide variety of subcategories

### ALS

#### ALS Association: Connecticut Chapter

[webct.alsa.org](http://webct.alsa.org)

4 Oxford Road Unit D4  
Milford, CT 06460

Stacey Ricca, LMSW, Care Services Director 203.874.5050 [srahl@alsact.org](mailto:srahl@alsact.org)  
Meeting schedule is posted on the website

### Alzheimer's and Dementia

#### Alzheimer's Association – Connecticut Chapter

<http://www.alz.org/ct>

800.272.3900

Support groups are held in towns throughout Connecticut

### Branford

#### The Hearth at Gardentside

Linda Capaubo

203.483.7260 ext. 4249

Meets last Tuesday of the month @ 5 pm. Alzheimer's Association support group  
Please call ahead

### Derby

Griffin Hospital

<http://www.griffinhealth.org/Prevention-Lifestyle/Support-Groups-Programs>

130 Division Street

Health and Wellness Coordinator

203.732.7371

Alzheimer's Caregiver Support Group, Meets 2nd Tuesday of the month @ 6pm.

## Caregiver Support Groups in South Central Connecticut

### Hamden

Atria Larson Place  
1450 Whitney Avenue  
John Ardolino 203.248.8880  
Meets 1st Monday of the month @ 6:30-7:30 pm  
Alzheimer's Association Support Group

### Hamden

Arden House  
850 Mix Avenue  
Tiffany Burnham 203.285.1060  
Meets 2nd Thursday of the month @ 5:00 pm

### Hamden

Clelian Adult Day Center  
261 Benham Street  
Ron Bowen/Sharon Albone 203.288.4151  
Meets on the 4th Thursday of Month @ 7:00 pm Alzheimer's Support Group

### Meriden

Village at Kensington Place  
511 Kensington Avenue  
203.599.0528  
Alzheimer's Association Support Group. Call for information.

### Middletown

The Day Club  
<http://www.thedayclubadc.com/Work.html>  
33 Minor Street  
Carrie and Kathy 860.632.1119  
Meets on the 4th Monday of the month @ 6:00 pm. Dementia Support Group. Light supper. Call by the Friday before the meeting to RSVP.

### Middletown

Water's Edge Center for Health & Rehab  
111 Church Street  
Kathleen Kaliscak 860.347.7286  
Meets on the 2nd Wednesday of the month @ 2:00 pm  
Alzheimer's Association support group Call to confirm meeting.

## Caregiver Support Groups in South Central Connecticut

### Milford

Milford Hospital Support Groups

203.396.1086

Meets 1st Monday of month @ 6:00 pm. Alzheimer's Association support group.

### New Haven

Yale University –Yale Alzheimer's Disease Research Unit

<http://www.alzheimers.yale.edu/info/>

1 Church Street Suite 600

Susan Good

203.764.8100

[susan.good@yale.edu](mailto:susan.good@yale.edu)

Meets on the 1st Tuesday of the month @ 1:15 pm

Alzheimer's Association Support Group

### Shelton

Gardner Heights

172 Rocky Rest Road

Mike Hetsko

203.924.6253

[Mh@hetsko.com](mailto:Mh@hetsko.com)

Meets on the 2nd Wednesday of the month @ 7:00 pm

Alzheimer's Association Support Group

### Woodbridge

Coachman Square at Woodbridge

21 Bradley Road

Bea Gawlak

203.397.7544 x307

Meets 1st Wednesday of The month at noon Alzheimer's Association Support Group

### Cancer

#### CancerCare

[www.cancercare.org](http://www.cancercare.org)

203.854.9911, 800.813.HOPE (4673) [ctinfo@cancercare.org](mailto:ctinfo@cancercare.org)

Provides an online support group for caregivers

### Derby

Griffin Hospital

<http://www.griffinhealth.org/Prevention-Lifestyle/Support-Groups-Programs>

130 Division Street

203.732.1132

Cancer/chronic disease management support group

1<sup>st</sup> & 3<sup>rd</sup> Wednesday @ 6:30 pm.

## Caregiver Support Groups in South Central Connecticut

### Meriden

Midstate Medical Center, Horwitz Conference Center

[midstatemedical.org/health-wellness](http://midstatemedical.org/health-wellness)

435 Lewis Avenue

Beth Rolan

203.694.8669

Stress Management for Cancer Patients and Caregivers, 4<sup>th</sup> Thursday, 3:30 p.m.

### Huntington's Caregiver Support Group

Uconn Health Center, Farmington

Bonnie L. Hennig

860.679.4063

[henning@uchc.edu](mailto:henning@uchc.edu)

2nd Tuesday of the month; 6- 7:30 p.m.

### Mental Illness

#### Community Services Network

<http://psychiatry.yale.edu/csn/>

Mary Dansinghani,

[mary.dansinghani@yale.edu](mailto:mary.dansinghani@yale.edu)

Support groups offered for families of individuals with a mental illness.

### Parkinson Disease

#### American Parkinson Disease Association – Connecticut Chapter

[www.apdaparkinson.org](http://www.apdaparkinson.org)

860.248.9200

[apdact@apdaparkinson.org](mailto:apdact@apdaparkinson.org)

Call to set up an appointment.

### Guilford

VNA Community Healthcare – Wellness Center

<http://www.ctapda.org/resources-support/support-groups/>

753 Boston Post Rd

Molly Standley

1.866.474.5230

Second Thursday of the month 10:30am.

### Veterans

#### U.S. Department of Veteran Affairs

[www.caregiver.va.gov](http://www.caregiver.va.gov)

Support and service options for caregiver of veterans.